

AGN. NO. \_\_\_\_\_

MOTION BY SUPERVISOR MICHAEL D. ANTONOVICH

SEPTEMBER 2, 2003

In 1988, the National Cancer Institute awarded a grant to the California Department of Health Services to develop a program that educates consumers about the importance of eating 5 or more serving of fruits and vegetables every day. As a result of this program, health officials and members of the fruit and vegetable industry decided to make 5 A Day a national program.

The National 5 A Day Program was developed in 1991 as a partnership between NCI and Produce for Better Health Foundation. NCI has licensed 60 state and territorial health agencies, the District of Columbia, and Indian Health Services, and the military services to launch independent 5 A Day programs and coordinate activities at the state level through partnerships with health organizations, communities, government agencies, the fruit and vegetable industry and others.

It is important to participate in the state wide public health campaign that increases the consumption of fruits and vegetables to a minimum of 5 servings a day, as part of a health lifestyle and to reduce risk of chronic disease among Californians.

I, THEREFORE, MOVE that the Board of Supervisors proclaim the week of September 21 through 27, 2003 as "National 5 A Day Week" and encourage all citizens to consume more fruits and vegetables and engage in daily physical activities to obtain better health.

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MDA:rkro  
national5adayprogram

MOTION

MOLINA \_\_\_\_\_

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